

## School of Life

Former WNBA player Jordan Adams, who played her high school ball at Moapa Valley High in Overton, Nev., had some words of advice for members of the Red Rock Raiders AAU girls' basketball team recently.

"One of the A's in life is Aim," said the 6-foot-3 Adams. "I wanted so badly to go to college I was willing to give up hanging with friends and other things you do on the weekends.

"Setting goals is the biggest thing in the world," Adams continued. "You need to realize if you set a goal and put in the extra time, you can achieve."

Adams said she was cut from her seventh grade team. That simply made her more determined to do the work necessary to realize her dream.

"At age 16, I had to go to California every weekend to play because there was nothing in Vegas or St. George," she recalled.

Following a senior season in which she was Southern Nevada player of the year, Adams realized her dream of playing college ball. She spent four years at the University of New Mexico, playing well enough to draw the attention of the Minnesota Lynx. She has also played in Europe and for the Seattle Storm.

And, because her father is Canadian, she has played the last two years on the Canadian National Team.

"There's so many opportunities that came from basketball because I set goals," Adams said. "I hope anything you get from me is 'set goals.'"

But Adams, who teaches special education, isn't all about basketball.

She's involved with the School of Life, a non-profit organization whose goal is to help young people get A's in life.

Jack Rolfe, an assistant girls basketball coach at Snow Canyon High School, is president of the organization.

"I think it's good to make kids well-rounded," Adams said. "We need to make better people, not just better athletes."

Rolfe said the program, which has been made available to students at Millcreek High School, the Boys and Girls Clubs in Las Vegas and to local sports teams, "is for anybody who wants to help their kids get straight A's in life, besides academics, besides athletics."

Adams said another of the A's the program emphasizes is appreciation. She said people around the world like Canadians because they always say 'thank you.'

"Being a good person means so much more than being an athlete," she said.

Information on the School of Life and its program is available at [www.schooloflifefoundation.com](http://www.schooloflifefoundation.com).