



The *Straight "A's" in Life* program *Guidelines for Mentors*

STEP #1

Request copies of the *Learn to "School" Your Toughest Opponent* workbook from the School of Life Foundation. This can be done by calling 435-632-2947, or by sending an email to info@schooloflifefoundation.com. Donations of the book and the program are made available on an ongoing basis.

STEP #2

Determine the best way to adapt the workbook into your current system of operations. The book is divided into ten chapters. Each of the chapters is based on a core value that begins with the letter "A," such as *Appreciate* or *Attitude*. You may establish a plan of introducing one "A" in the ten-step process each week for ten weeks, or each month for ten months. The mentors invite the youth to complete their homework assignments and report their progress.

STEP #3

Select mentors in your organization to teach and work with the youth (teachers, coaches, parents, program directors, peers, or any individual that has a positive influence).

STEP #4

The mentors read the *Learn to "School" Your Toughest Opponent* workbook and develop ideas, including their own life experience, to teach each of the ten "A's."

STEP #5

The youth and mentors can report their experiences of *living the "A's"* on the School of Life Foundation blog (www.schooloflifefoundation.com/blog).

STEP #6

When completed, the mentors review the *straight "A's" in life* with the youth and encourage them to utilize the workbook as a guide to the ongoing development of the life skills learned and applied.

School of Life Foundation
81 North 1100 West
St. George, UT 84770
435-632-2947

info@schooloflifefoundation.com
www.schooloflifefoundation.com